

Susan L. Farber, M.A., MFT

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Professional Profile

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Background

Licensed Marriage and Family Therapist in private practice as of October, 2002. Work with adults, couples, adolescents, college students, teens, competitive athletes, caregivers, and families with a specialization in depression, anxiety, substance abuse/dependency, stress management, relationship issues, acquired brain injury/stroke, chronic pain, stress illness, caregiver burnout, and performance enhancement for athletes. Training and theoretical background includes cognitive behavioral, mind/body, family systems, brief therapy and sport psychology modalities.

Employment History

Private Practice , Santa Barbara, CA <i>Psychotherapist</i>	October 2002 - Present
Recovery Road Medical Center , Santa Barbara, CA <i>Psychotherapist, Individual and Group</i>	August 2006 - Present
Coast Caregiver Resource Center , Santa Barbara CA <i>Marriage Family Therapist</i>	August 2003 - Present
Solutions at Santa Barbara , Santa Barbara CA <i>Case Manager, Marriage Family Therapist - Per Diem</i>	April 1997 - Present
Muscular Dystrophy Association , Santa Barbara, CA <i>Support Group Facilitator</i>	November 2006 - 2007
Breast Resource Center of Santa Barbara , Santa Barbara CA <i>Group Psychotherapist</i>	May 2003-August 2003
Devereux Foundation , Santa Barbara, CA <i>Marriage and Family Therapist Intern, Residential and Assistant Supervisor, Case Manager, Behavioral Specialist, and Independent Living Skills Counselor.</i>	October 1987 - May 1999

Clinical Training

Solutions at Santa Barbara • April 1997 - June 2006

- MFT Intern - Supervised by James Angelos, Ph.D. and William Jenkins, Ph.D. Trained in adjustment to disability and pain management counseling. Provided individual and group psychotherapy to clients with brain injury/stroke and their caregivers.

Family Service Agency • November 1999 - November 2003

- MFT Intern - Supervised by William Jenkins, Ph.D. and Michael Bailey, Ph.D. Trained in cognitive-behavioral, attachment, mind/body, and family systems theory. Provided individual, family, couples, and group psychotherapy to low income clients and in-home counseling to the elderly.

The Council on Alcoholism and Drug Abuse-Project Recovery • February 1998 – June 1998

- MFT Trainee - Supervised by Yuri Zelez, MFT and Susan Schneipp, MFT. Trained in drug/alcohol counseling, Gestalt, solution-focused, and cognitive-behavioral therapy. Provided individual and group psychotherapy to adults on probation with chemical dependency issues.

Devereux Foundation • December 1994 – February 1997

- MFT Trainee - Supervised by Linda Wells, MFT, John Rapaz, PhD, and Denee Jordon, MFT. Trained in behavioral, attachment, psycho-dynamic, and cognitive-behavioral therapy. Provided behavioral and cognitive/behavioral therapy to adolescents/adults with developmental disabilities and severe emotional disturbances.

Hillside House • April 1992 – June 1993

- MFT Trainee - Supervised by Linda Wells, MFT. Trained in cognitive-behavioral and behavioral therapy. Provided individual, family, and individual psychotherapy to adults with cerebral palsy.

University of California, Santa Barbara, Student Health Services • Sept. 1994 – June 1985

- Peer Health Coordinator – Eating Disorder Student Health Program - Supervised by Louise Ousley, Ph.D. Trained in history & dynamics of eating disorders. Provided counseling, education, and panel presentations to high-risk students, sororities and community dental personnel.

Education

California Southern University, CA – Sport Psychology Training	April 2010 – Present
Santa Barbara City College, CA - Drug and Alcohol Counseling	2002 - 2004
Antioch University, Santa Barbara, CA - M.A. in Clinical Psychology	Jan 1994 • June 1993
University of California, Santa Barbara, CA - B.A. in Psychology	Jan 1984 • June 1989

Professional Affiliations

Member of California Association of Marriage, Family Therapists (CAMFT) 1997 - Present
Member of Echelon of Santa Barbara Cycling Club – 2000 – Present
Member of Santa Barbara Athletic Round Table – 2009 – Present
Board Member of Women's Cycling Challenge – 2008 - Present